## WHITE SOUND GONG TRAINING

The gong is considered to be one of the most powerful instruments for healing in a state of trance. Mindfulness, meditation and experiences of expanded consciousness are created by simply surrendering to the sound.

The gong is not just used in specially organised yoga classes, at festivals, in meditation concerts and as part of therapy. It is of great importance in these times: it reveals truth, allows us to feel connectedness and supports healing transformation. Leading a gong meditation requires deep, subtle knowledge and energetic experience. It takes a year to learn this art, then a lifetime to master it.

Ada Devinderjit has been conducting gong meditations since 2006 and teaching the art in Nanak Dev Singh's heritage since 2016.



Info White Sound Gong Training in Sweden Ada Stefanie Namani \* Devinderjit (from Hamburg / Malente, Germany) www.white-sound.com \* info@devinderjit.de Tel.: +49 162 608 33 89 \* Skype: ada.namani



Also meet Ada Devinderjit at events like the European Kundalini Yoga Festival

## **Dates and prices** White Sound Gong Training Level 1, 2024/25 in Sweden

August 23 through 25, 2024, Jämtland, Middle Sweden Saran Yoga in the heart of Mother Nature: saranyoga.se

November 22 through 24, 2024, Northern Germany Gong Manufacture Paiste and Seminar Center near Gelting

March 28 through 30, 2025, Soul Yoga, Göteborg

June 27 through 29, 2025, Saran Yoga, Jämtland

Early bird until June 23, 2024: SEK 18.000 \*\* after June 24: SEK 19.000 \*\*

## For further information, please contact:

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Positive vibration

You will have a call with Ada Devinderjit to answer all your questions and let her know what it is that attracts your heart towards gong and vibrational healing. You'll also be reading on all details concerning the training before taking your decision towards the tue path of the gong.

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\*\* Plus accommodation and equipment, detailed information on request. Times, locations and prices are subject to change in case of compelling reasons.